

# Reiki Training

What is Reiki?

Reiki

is a form of laying on of hands. The Therapist becomes a channel for energy to flow into the patient where it is received at the point of greatest need of imbalance to assist healing. Reiki sessions are relaxation and a sense of inner peace. It can be used for everything from stress, problems with conceiving to alleviating the pain of terminal illness.

How can I learn Reiki?

You

don't need to have any qualifications to learn Reiki but the desire to help others. You do require having a level of acceptance and understanding that healing energy is based upon part technique and part intention.

REIKI I £180

Reiki I teaches the history and understanding of Reiki Healing energy

- explanation of what Reiki is
- 5 Principles of Reiki
- Chakra energy centres
- Reiki Symbols
- Hand positions to perform Reiki
- Self Treatment
- Attunement

Course will be held over a weekend

Reiki I Certificate will be given on completion of the course

Courses are held in the south side of Glasgow

REIKI II £270

Reiki II is for first degree students who wish to pursue a higher and deeper level

- Self Reiki
- Information on the 3 Symbols
- Working with your guides, grounding and protection
- Distance healing/healing animals and plants

Course will be held over a weekend

Reiki II Certificate will be given on completion of the course

Courses are held in the south side of Glasgow

REIKI III/MASTER/TEACHER £375

Reiki

III/Master Level is for Reiki II degree students who wish to further deepen their experiences and increase their energy levels.

- Revision of Reiki I and Reiki II
- Reiki Symbols
- Reiki Guides
- How to teach others and give attunements
- Psychic Surgery

Course will be held over a weekend and an evening

Reiki III Certificate will be given on completion of the course

Courses are held in the south side of Glasgow and Tighnabruaich